**Contact: Dean Ascheman** V4V Chairman Phone 612 481 1510 Email addr Dra.ascheman@gmail.com Dec 16, 2020

## FOR IMMEDIATE RELEASE:

## Minnesota Veterans 4 Veterans Trust Fund (V4V) approved \$28,000.00 in Grants to assist Minnesota Veterans

At the **December 2020** Minnesota Veterans 4 Veterans Trust fund monthly meeting, the following grants were approved by the eight-member board of directors:

Minnesota Assistance Council for Veterans (MAC-V), was awarded \$10,000.00 by V4V Trust Fund to be used as Matching Funds in their holiday fundraising partnership with WCCO TV. The V4V Trust Fund organization will be recognized as a matching fund donor during an upcoming WCCO news broadcast prior to yearend.

Veterans for Veterans (V4V) Trust Fund is awarding \$13,000.00 to the five MN Veterans Homes to be used to purchase a nominal gift for the 1270 employees in the Veterans Homes in appreciation for their dedicated efforts caring for our veteran residents during the 2020 pandemic. The V4V organization will be recognized as the organization funding these tokens of appreciation.

The Zumbro Valley Health Center, Inc was awarded \$5,000.00 and the funds will be utilized as startup funds to help develop and deliver a program that will provide mental health services for veterans and their families. The services will include ongoing individual psychotherapy, group psychotherapy, and support groups focused on increasing mental health awareness, suicide prevention, and treating symptoms of depression / anxiety/post-traumatic stress disorder and other mental health

problems. The first 12 week session is scheduled for early January 2021. ZVHC, a non-profit provides services to a 12 county area in SE MN.

If questions or additional information needed, please contact the contact point noted above.

The Minnesota Veterans 4 Veterans (V4V) Trust Fund is a 501c (19) non-profit organization established as the result of the 2006 sale of Lake Minnetonka Big Island Disabled Veterans Camp. The non-profit organization has eight board members, two veterans each who are appointed by the DAV, VFW, MOPH, and American Legion. The board oversees the funds from the sale of the island to the City of Orono and has a grant application process on their website. Grants are made to organizations serving MN veterans in a way that conforms to the criteria the V4V has documented online at their website.....Website: mnv4v.org